



Kauri Museum 60th Birthday A Huge Success!

The Kauri Heritage Festival on October 15 at the Kauri Museum was an outstanding success. Large crowds attended the day, with organisers delighted to see over 1,200 people in and around the museum at its peak.

"From around 11.30am until 1pm we were pretty full" said Museum Director Barbara Hilden. "It was really satisfying to see so many locals and visitors enjoying the hard work of the staff, volunteers and exhibitors, and coming together to celebrate the Museum's 60th birthday. Huge thanks to everyone who contributed and of course to everyone who came." Grant O'Neill



Images, clockwise from above:

The tussy mussy flower stall; Crowds in the Volunteers Hall; The Victoria Sponge Competition entrants being judged; Clive Smith making billy tea.

More photos on the back page.



INSIDE

- Council Mark Says.....3
- School News.....5
- Letters From the Old PO.....7
- Rotary News.....10
- Grow Whakatipu Paparoa...12
- Science Corner.....16
- Gardening.....17
- Community Directory.....19
- What's On.....19
- Tides.....19

Paparooa Press PP

PUBLISHED MONTHLY BY
Progressive Paparooa Inc. (PPI),
for Paparooa, Pahi, Matakoho,
Whakapirau and Tinopai.

CIRCULATION 1,050

CONTACT US -

- press@paparooa.org.nz
- ph Vicky 021 248 4259
- PPI, PO Box 107, Paparooa 0543
- www.paparooa.org.nz

ADVERTISING

Rate Card available by email

Booking & Copy deadline:

15th of month

Publication date 1st Wed of month

Progressive Paparooa News

After 21 years as chairman of Progressive Paparooa Graham Taylor stepped down at the recent AGM and the baton was handed over to deputy chair Pete Hames.

Graham has been a tireless leader and worker for the betterment of our whole district and especially the village of Paparooa, and although he will remain on the Progressive Paparooa committee, he will hopefully have a much reduced workload. As part of that Graham has given notice that he will no longer manage the weekly Farmers Market after

the end of this year, so we are currently working hard to find a replacement or replacements for this role.

In his final Chairman's report Graham looked back on another busy year for Progressive Paparooa managing the market, the Print Shop, producing the Paparooa Press, as well as some exciting new developments such as the employment of a part time Community Activator. Val Faulkner did a great job in this role advancing the Playground refresh project, engaging the community on the Waka Kotahi speed review amongst other things, but her other commitments have lead to her resignation. Progressive Paparooa is now in the recruitment process to try



and find a replacement having been fortunate to receive some funding for this from Lotteries Community Fund.

We have also received some funding from the KDC Reserve Contribution Fund to get started on the Playground project, so we are looking forward to getting that underway over this summer.

The incoming committee of Vicky Hilton, Lissie Cleave, Tony Bozzard, Luke MacDonald, Graham Taylor, Ruby Hutton, Mel Juer and Kate Hawley are looking forward to another great year progressing Paparooa.

Pete
Progressive Paparooa



CALL CHRIS HICKEY ON 027 561 1719 email: fencingspecialists.nz@gmail.com



ALL ASPECTS OF FARM & LIFESTYLE BLOCK FENCING & MAINTENANCE INCLUDING:

- Post & Batten • Entrances
- Post & Rail • Retaining Walls
- Stock Yards • Riparian Lots
- Netting • Subdivision

Nicky Reid

0800 999 919

Rural and Residential Real Estate Agency

MREINZ, Licensed under the REA 2008

100% local, respectful and professional service
Free drone photography
Free market appraisals
Call me now for a confidential chat.

Connections  **Real Estate**

Paparooa Tennis

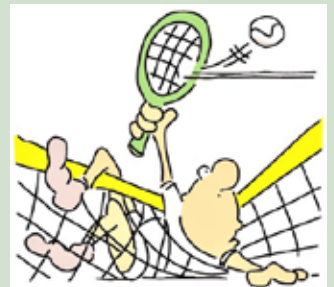
Tennis is starting up again for the summer season. From Monday 31st October Paparooa Tennis Club is offering coaching for school-age children years 1 to 8 from 4pm to 5pm weekly for six weeks. There will be no charge for these sessions.

Club play for adults and teens will follow from 5pm Mondays.

Courts are at the showgrounds beside the Sports Pavilion, and we have a number of large and small racquets available for use as required.

An Open Afternoon will be held on Saturday 5th November, with play tailored for all ages from 3pm, so bring the family along. This will be followed at 4.30pm by afternoon tea and the AGM, to which all are welcome.

Contact Sue Skelton 0274174626 or 4316224.



A reminder to our contributors!

We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates.

While we always welcome editorial content we reserve the right to decline or hold over any articles outside our regular columns.

Opinions expressed in Paparooa Press are the author's own and not necessarily those of the editorial team or PPI.



Council Mark says - The people have spoken

Firstly I'd like to thank the people who went to the trouble of voting in the recent elections; even more so if you voted for me!

The turnout for the Otamatea ward was lower than for Wairoa or Kaiwaka-Mangawhai but at least across the district it was better than last time, and significantly better than the national average. Having a separate Maori ward may have helped the total number participating.

In the campaign I indulged myself with a series of hand-drawn signs which I changed at regular intervals. They usually had a musical connection, so I would photograph the sign, then post it on Facebook with a link to the song it related to. It was fun for me, and I hope it brought a smile to the face of those who saw them. At the time of writing, the sign is

"Intentionally Blank".

The new council is a very different lineup from the previous one. I am one of only three returning elected members out of a total of ten. I cannot say that I know all the new members, and I'm keen to get to know them and learn about the contribution each will be bringing to the table. I have written previously that you can still respect and even like someone at the same time as strongly disagreeing with them. I will be disappointed if we don't have different perspectives around the council table, yet we are able to achieve consensus. I think diversity of viewpoints has added to the quality of our decision making in the past. We will need that as we

confront the tidal wave of changes being generated from Wellington. Collectively they have major implications for our future as a council.

I have enjoyed writing these monthly articles during the previous term of council and my intention is to continue.

Mark Vincent
Otamatea Ward Councillor
021 0829 8037

W.J.BARKER
SCAFFOLDING

A local scaffolding service for any renovation, painting, new build, roofing & access requirements.

Call anytime for an estimate.

0204 186 9864
09 280 9520

www.wjbarker-scaffolding.co.nz
info@wjbarker-scaffolding.co.nz

TINOPAI PLASTERERS

WE GUARANTEE THE HIGHEST QUALITY FINISH



35 Years experience in...

- GIB Stopping
- Fibrous Plastering

for FREE quote, call us now!
Trevor 021 0300 073

Diabetes



Did you know that over 225,000 New Zealanders suffer from type 1 or type 2 Diabetes?

90% of these have type 2 and this figure is rising daily.

Did you know there are three types of diabetes? Type 1, Type 2, and Gestational Diabetes

Diabetes is when we struggle to control our blood sugar within a normal range of 4-6mmol/L. This can be because of our pancreas being unable to produce enough, or any, insulin. We can also develop insulin resistance where our cells do not respond well to insulin.

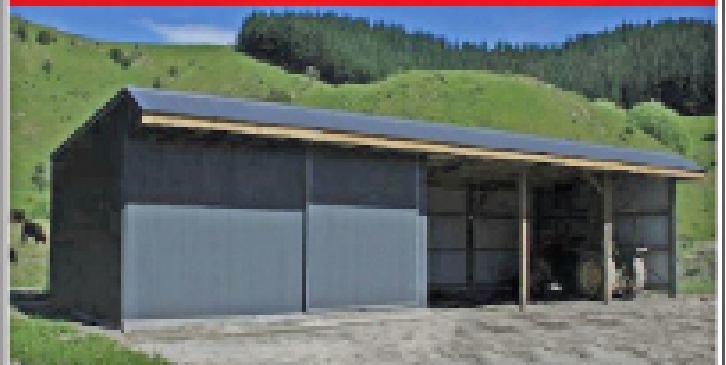
Early signs and symptoms of diabetes

- Frequent urination. When your blood sugar is high your kidneys expel the excess blood sugar, causing you to urinate more frequently.
- Increased thirst
- Fatigue
- Blurred vision
- Increased hunger
- Unexplained weight loss
- Slow healing cuts and wounds
- Tingling or numbness in the hands or feet

Paparoa Lions are planning an evening to raise awareness of Diabetes. Anyone who would like to prevent, support and encourage others with Diabetes is welcome.

Monday 14th November, 7pm, at the Sports Pavilion, Paparoa Show Grounds.

Need a Shed?



- Timber and steel buildings any size
- We do plans and engineers designs for council
- Farm sheds
- Commercial buildings
- Feed pad shelters
- Goat/Chicken sheds
- Horse stables
- Lifestyle sheds
- Excavation, driveways and concrete floors

Your local builder: Andre Nicolai 021 202 9854

do you need a
WEBSITE ?

Local, friendly
website design
& management.
sme-sitedesign.co.nz

Contact Paul for more information:
E: paul@sme-sitedesign.co.nz
T: 09 431-7063
M: 022 625-4156

Get More Customers
Cost Effective Marketing

Paparooa Connections

There was great turn out and plenty of energy at the sports pavilion for the latest Paparooa Connections get together. Some new people came along who brought welcome ideas and willingness to get involved.

A spinoff from one of the groups is now focusing on the gardens assisting the current gardener tidying up the village gardens and planning future planting by the unsightly water tank on the Village Green. Working together across the various groups and projects around Paparooa is one of the major goals of Paparooa Connections and it

is good to see when that is coming together.

Other plans for the summer include further upgrading to the mountain bike track, planning further art installations, cleaning up around the village, installing the first exercise stations on the concrete track around the showgrounds, planning the track between showgrounds and Lifestyle Village, local

events and supporting the school in their developments.

Anyone interested in getting involved with Paparooa Connections can email us at: paparooa.connections@gmail.com

Our next workshop is Sunday 27 November 3-5pm at the Paparooa Sports Pavilion.

Libby Jones for
Paparooa Connections

THE KAURI MUSEUM

Guardians of the kauri story
Past, present, future

The Kauri Museum, open 7 days 9am-5pm

Otamatea Quilters Annual Exhibition, until 20 Nov

Forgotten Tales of the Kaipara, ongoing

Overlooked (60 items from the collection), ongoing

The Museum at 60 (photographs), ongoing

Buy your Annual Pass today

5 Church Road, Matakoho ph 09 4317 417 www.kaurimuseum.com



A recent jam session showcasing some of our talented local musicians.

Community Activator Wanted

Do you have good management and organisational skills? Do you love community involvement? Enjoy a challenge?

Paparooa Progressive Inc is an important part of the local community and provides:

- Management of the Saturday Market
- Support the Paparooa Lions with the Walkway Project
- Running of the monthly Paparooa Press
- Coordination of ideas and liaising with KDC on the Playground development
- Manage and finance of the local Print shop in Skeltons
- Waste Water Project team started the ball rolling to find possible options for development.
- Many more projects on the horizon!!!

Paparooa Progressive Inc is looking for a person to assist our committee with projects in our community.

This is a **part time paid position** reporting to the Chairperson. Do you like working with people? Do you have project management or Funding application skills, great time management, self-motivation, good management and organisation skills.

For more information please email CV and we can send a copy of the job description.

Applications Closing 11th Nov
info@paparooa.org.nz



Paparooa Sports and Recreation Association

Paparooa Community BBQ Dinner Extraordinaire



SATURDAY 19 November 2022

FROM 6.30pm BYO Drinks

At the Paparooa Sports Pavilion



For bookings contact Jane Bailey 4316 148
or lillian.jane.bailey@gmail.com

ADULTS \$20.00

CHILDREN \$10.00 (up to age 14)

FAMILY \$50.00 (2 adults & 2 children)



Paparoa School News

Well the term has begun, the school is buzzing with children and at the moment the kids eyes are on the prize. We are getting ready for our Pet and Show Day, creating our art and craft pieces for judging, perfecting the handwriting and for those with animals, getting them ready to parade, lead and call!!

So this month I thought I would get into the dusty, old cupboards to learn about Paparoa School of old. This gave me an idea, so let me introduce you to PAPAPOA'S BLAST FROM THE PAST!!

This picture was in the Rodney Times on 29th April 1991. Are you in it? The article talked

about how the students were looking after the school gardens and were growing flowers and vegetables. The Principal at the time, Therese Moore talked about how they were including the garden as part of the Science curriculum.

Fast forward 30 years and here we are again resurrecting the

gardens. Compost and soil have gone in. We have planted spinach, radishes, lettuce and we have strawberries as well. The kids are enjoying watching everything grow, so now we are working out how we are going to eat them!!

Karyn Taylor
Principal



Starbright Wellness

Reflexology

Massage or Reiki

Weight Loss Coach

Marriage celebrant

Vicky Hilton

021 2484259

2004 Paparoa Valley Rd,

COLOUR & CUTZ

- Ladies & Mens Cuts
- Colours & Highlights
- Weddings
- Gift Vouchers



All colours & products used at the salon are organic

Salon 431 7255 Gaylene 021 115 8056

OPEN TUESDAYS TO SATURDAYS
1994 Paparoa Valley Road

COMMUNITY CHAMPION

Ruth de Man

As pictured, you will find often Ruth caring for the Village Green boxed gardens, which are now beautifully painted orange.



Ruth has been a past member of the Progressive Paparoa committee and continues to volunteer on many projects.

She can sometimes also be found in the gardens of local people who need a little support in maintaining them.

Ruth also helps out at Grow Paparoa, with community dinners supports Paparoa Connections, and sings at many of our local events. She just pops up when help is needed.



Kaipara IT

Business Support including:

- Proactive maintenance and support
- Hardware supply & maintenance
- WIFI design, setup and fine tuning
- Printer supply, setup and support
- Backup and Disaster Recovery planning
- Web Hosting
- Office 365 / Azure setup and migration
- Antivirus/firewall TDR EDR

Home Support including:

- Computer upgrades and repair
- New computer supply and data migration
- Setup cloud and local backup
- Smart TV setup
- WIFI design and configuration
- Printer Supply and setup
- Antivirus and security advice
- Friendly, straight forward approach.

Kaipara IT- Making it Easy

Wayne

email support@KaiparaIT.co.nz

Ph 0800 2network (0800 263896)

or 0226485713 www.kaiparait.co.nz



**RIVERSIDE
GLASS & GLAZING**

Kyle
021 1376353

Glass and glazing needs,
cat doors to caravan
windows. Great rates,
mobile eftpos.

Books And Bookclubs

My Dad was a whizz at solving Cryptic Crosswords. Codecrackers and easy Sudokus are about as much as my brain can handle without too much effort involved.

You probably will have heard of enigma codes used in WWII, but have you heard of the top secret location at Bletchley Park in England? I hadn't and so The Rose Code by Kate Quinn, fiction set in real life, was an education. Astonishing! A bunch of boffins and eggheads from all walks of life spent the war years in secrecy, decoding enemy radio messages. They were unable to reveal anything

of their work there to anyone, even spouses, until 2014, once modern computers made codebreaking machines obsolete. Also astonishing, especially with the recent death of the Queen, is that Prince Philip is one of the book's characters in a romantic liaison with a Canadian woman. If ever a book needed an epilogue this one does, but, SPOILER ALERT, DO NOT go there until you finish the story because all will be revealed!!!

A completely different war story is Poppy's War by Lily Baxter. An account of a young London evacuee who grows from childhood to womanhood through the war years. A sweet story, simply told, with lots to ponder over nevertheless.

Still on the theme of war is Captain Corelli's Mandolin by Louis de Bernieres. A far, far grimmer read in print than portrayed in the movie. Set on the Greek Island of Cephalonia under occupation by the Italians and then the Germans, the author also takes us into the background of the politics behind the Italian involvement in WWII and into the lives of the soldiers who often had no

idea of why they were fighting or who they were fighting. And of course, there is the romantic involvement of a Greek woman and an Italian soldier which does not end as happily ever after as in the film of the same name.

The war theme this month is more from happenstance than design, ANZAC day is a long way off, but sadly, war is just as much in the forefront today as it has ever been. Heroism is still a quality much required.

Wilfred Owen is renowned for several books of war poems, motivated by his own experiences. I leave you with one verse from his poem

"Futility."

"Move him into the sun -
gently it's touch awoke him
once

at home, whispering of fields
unsown.

Always it woke him, even in
France,
until this morning and this
snow.

If anything might rouse him
now

the kind old sun will know."

Anne B.

BRYCE Master
Locksmith

THE LOCKSMITH LTD

**Bryce Frewin
Paparoa**

Ph: 021 850



bryce@brycethelocksmith.co.nz

www.brycethelocksmith.co.nz

YOUR TYRE SPECIALIST

Providing 60 years of service
in the heart of Kaipara.

- Tyres
- Brakes
- Wheel Balancing
- WOF
- Suspension
- Servicing
- Alignment
- Batteries

Garnetts Tyre Service

📍 2 Gorge Rd, Maungaturoto

☎ 09 431 8255

BRIDGESTONE TYRE CENTRE

Op Shop Update

The Maungaturoto Op Shop now have their summer clothing out. Please, people, if you are donating goods make sure they are clean and tidy. Clothing needs to be ready to wear, no marks, holes, missing buttons or broken zips. If unsure please ask.

Many thanks to those people who donate good quality items.

Stella



Paparoa Community Library



Opening hours:

Monday & Wednesday 2pm - 4pm

Tuesday & Friday 11am - 1pm

Thursday 11.30am - 1.30pm

Saturday 10am - 12midday

Out of hours books can be returned to the returns box inside the door to the right at Skeltons Drapery

Jas Futter

Library Manager 022 678 1474

Letters from The Old Post Office... Just Another "C" Word

Consumerism: the preoccupation of society with the acquisition of consumer goods: Oxford Dictionary. Well, Dear Reader I am guessing the title has given you a clue. And guess what has sparked this most recent intellectual outrage?

Reading about a recent pilgrimage made to a new temple to merchandising, I was not sure whether my brain was going to explode or my spirit dejectedly drag itself to the nearest cupboard and shut itself in. Forever. Of course, I recognise that for some of you this would be a welcome outcome. (Although I have been practising ways to haunt and not just for the upcoming All Hallows Eve, so be warned). And this particular altar to consumer delights is American, so like the majority of our banks, the money will flow offshore. Yippeee.

Benjamin Bratt put it succinctly " We live in a society that, for the most part, is morally and spiritually bankrupt. Our culture is a culture of consumerism. How sustainable is that?" This last point, a culture of consumerism, a society that measures short term economic gain rather than long term costs, is the one that rips my nightly (another useful term used by the late

man in the shed). I mean, seriously! If the long-term costs are so heavy, should we not be looking to alter the way of doing things so that we have sustainable outcomes? Thinking of the "need" for a Dome Valley tip for example. If we didn't buy so much there wouldn't be so much rubbish, n'est-ce pas?

Apologies again Dear Reader, I will get off my soap box and re-use, recycle, indeed even upcycle it in some deeply green and environmental way. Although, I really do appreciate James Turrell's belief " In this age of consumerism and materialism, I traffic in blue sky and colored air." I am also aware that hypocrisy is my middle name and perhaps people in glass houses shouldn't throw stones (Although what fun!).

As I exit rapidly stage-right I will just leave you with a line from Pink:

"Consumerism diverts us from thinking about women's rights, it stops us from thinking

about Iraq, it stops us from thinking about what's going on in Africa - it stops us from thinking in general."

And perhaps more practically "My first rule of consumerism is never to buy anything you can't make your children carry". Bill Bryson

Deb



Kaiwaka Gifts
— & WELLNESS —
022 574 7332
Health - Gifts - Crystals

Rhoda Morrison
Consistent Award Winning Salesperson

Achieving top results for Clients!

09-431 6912
0274 800 691
rhoda@fnkaipara.co.nz
www.roperandjones.co.nz

firstnational Roper & Jones
REAL ESTATE
Dargaville Realty Ltd, Licensed REAA 2008

A Word About Road Cones

Its very easy to rail on about the plethora of orange cones that litter our streets and highways. It might be regret that we lacked the foresight to invest in a Chinese plastics factory that churns them out by the zillions. Or is it that the authorities use them as a means of avoiding spending our money on much needed road repairs. Maybe they are an alien plot and have embedded microchips that will arise up on masse and take over the world on a given signal from outer space.

Whatever, it seems they are here to stay and maybe we should develop a kinder relationship with the orange beasts.

Looking at it more rationally, it seems road cones do serve a purpose. Traffic management - the purveyor of road cones - is a serious business, designed to keep safe both road users and road workers going about their business. A few years ago, three road workers near Tauranga were killed as a result of careless driving. Every Saturday morning, we see the traffic through Paparoa slowed down by the Farmers' Market cones. Drivers do recognise the significance of this safety measure and respond accordingly. Peace and safety for three brief hours!

The choice is ours. Obey the signs and follow sound driving practices or rail against the orange monsters. Far better to be safe and avoid injury than have road rage against an orange plastic cone.

GT

CROMPTON ENGINEERING LIMITED

Design and General Engineering

Floodgates | Field Rollers | Levelling Bars | Palm Kernal Trailers | Hay Racks | Head Bails | Forks | Incinerators | Kumara Handling Equipment | Sliding Palm Kernal Storage Bin Cover

We also stock – Pumps & Pressure Systems | Bolts & Nuts | Pipe Fittings | Bearings | Drive Shafts

Visit our website | www.cromptonengineering.co.nz

31 Jellicoe Street, Ruawai 0530 | Ph (09) 439 2393 | email crompton.eng@xtra.co.nz

KMU SURVEYS LTD

MAUNGATUROTO

Ken Urquhart

Licensed
Cadastral
Surveyor



09 431 8705
021 161 2344

kenurquhart@xtra.co.nz

Paparooa Print Shop

At Skelton's
Paparooa Drapery
431 7306



See Robyn for
all your printing needs

For The Love Of Chocolate

Paparooa's Tatiana White has been awarded four gold and two bronze medals at the recent New Zealand Chocolate Awards.

Her Dekadenz label won three gold medals in the Filled Chocolates- Truffles and Bonbons with her Irish Liqueur, Raspberry Framboise, and Chilli & Mint chocolates. She also won two bronze medals in this category for her Apricot Individual Chocolate, and Salted Caramel Individual Chocolate.

Her Christmas Treat Individual Chocolate was deemed "best in show" in the Christmas and Novelty category, also winning gold. It was applauded by the judges who



said of this chocolate that it was, "Beautiful, exquisite, accomplished painting... with balanced flavour, subtle, gentle, lasting, moreish... a real all occasion chocolate!"

The Supreme Winner was Johny Tatham, Lucid Chocolatier from Wairarapa, with his 68% Port chocolate bar, in which cacao beans are submerged in a 10-year-old Taylor's Tawny Port.

There were 150 NZ-made chocolates from 31 chocolate makers and chocolatiers from across Aotearoa at the Awards which were judged in Auckland at the beginning of October.

As well as these award winning chocolates Tatiana produces a range of sweet treats so visit the Dekadenz Facebook page to see more.



PP

ANXIETY

Anxiety comes knocking at my door!

I am not going to answer it.

*I've done that before and I know
once it enters it takes over.*

*It's a bully, pushing and shoving,
dominating every peaceful thought,
sneakily manipulating, agitating,
contentment has to leave the room.*

I will not be "at home" to Anxiety.

*anxiety = a state of uneasiness and distress
about future uncertainties.*

angst = a strong but ill-defined feeling of anxiety.

Anne B.

gas.

Petrol Service Stations

Paparooa

Open 7 days
Mon-Sun 6am-10pm
09 431 6302

- Petrol, Diesel & Oil
- Fresha Valley milk 2L \$3.50
- Milk & bread combo \$5.50
- Great variety of snacks
- Pet food - cats/dogs
- Cop-Rice biscuits 20kg
- Great variety of Bait and all fishing requirements
- Top ups & prepay
- Frozen foods
- Firewood
- Hardware
- TRAILER HIRE



■ Barista Coffee



AA smart fuel card
accepted here
6 cents off every day

Manager: Jaspal
022 390 5540

Unichem
Orrs Pharmacy Maungaturoto



Don't forget -
if you are unable to collect
your prescriptions from the
pharmacy we can deliver daily to
Paparooa, Matakohu and Tinopai
confidentiality assured

For all your health and
beauty needs at competitive
city prices and with
friendly country service

Enjoy the benefits of shopping locally
and save petrol - we are worth the visit!

SHIPPING THAT'S TWICE
AS REWARDING.

144 Hurndall Street, Maungaturoto
Phone (09) 431 8045
Fax (09) 431 8808
maungaturoto@orrs.co.nz
Open Monday to Friday 9am - 5pm

What Is a Weed?

There's an old saying that goes something along the lines of, "A weed is just a plant in the wrong place". We all have them, and we all curse them. Sometimes...

Many of what are commonly accused of being "weeds" are actually useful, nutritious plants and we should be making more use of them. At the moment my "garden" is full of them. some I love and some I loathe.

I have yet to find something useful about carrot weed- but I'm sure it has some purpose in life besides driving me crazy.

But, there are things offering themselves up in abundance that do have uses and I'm slowly learning how to utilise them in salads, soups or simply in my scrambled eggs.

Onion weed is everywhere and I'm not complaining about a constant and free source of "spring onions". Onion weed is a great alternative - and the entire plant is edible. The stems, leaves and flowers

can be added to salads (or scrambled eggs), and the cleaned bulbs chopped into anything, or pickled as tiny cocktail onions.

This year I have made friends with cleavers, aka biddy-bid or sticky willy. A friend put me onto "cleaver water" where you stuff a bunch of cleaver stems and leaves into a jar, cover with water, then refrigerate overnight. In the morning you have this lovely, mildly cucumber flavoured tonic.

The plant is high in vitamin C (as ascorbic acid), is rich in minerals especially silica, is a diuretic and is one of the best cleansing tonics known for helping purify the blood, the lymphatic system, including spleen, thymus, throat, mammary glands and kidneys. Add it to salads or to soups and stews.



You can make a whole salad from onion weed, cleavers, plantain, nastursium, oxalis, edible flowers and more.

As with anything you may forage, make sure you identify your plants and don't pick plants that may have been sprayed.

For a great NZ guide visit juliasedibleweeds.com.

Margie



Diggers R Us Ltd

Nelson Stanley-Hunt
Driving a Caterpillar 305.5
6 Tonne Digger
No job is too small



021 423 506

32 Franklin Road
www.diggersrus.co.nz

Birt & Currie Surveyors Ltd



Local Phone
09 280-9591

**Timely,
friendly &
personal
service**

info@landsurveyors.co.nz
www.landsurveyors.co.nz
PO Box 120 Paparoa 0543

Farmers' Market Manager



Do you enjoy the activity and vibe of the Saturday Farmers Market?

Are you proud of being a part of Paparoa?

We are looking for an enthusiastic person to take on the role of **Market Manager**.

This is a paid position

Set up by Progressive Paparoa (PPI), the market has now become part of the weekend routine for many locals, regularly attracting people from Ruawai to Kaiwaka.

You'll need to be an early riser, bright and cheerful and enjoy working with people - stallholders and marketgoers.

email info@paparoa.org.nz



www.battensbybrothers.co.nz



Call to book us now for ...

- ◆ **Ground Cultivation**
- ◆ **Silage and Hay**
- ◆ **Fertiliser spreading**
- ◆ **Firewood (WINZ approved)**



Contact Glenn on 021 983 734

Email: battensbybrothers@xtra.co.nz

Mobile hairdresser
CUTS & COLOURS

Ruawai to Maungaturoto

over 20yr experience
with cuts and colour

Your at home hairdresser

Tina txt/cal

0210633674



Maungaturoto and Districts Rotary

This is a good time to remind you about our Seniors' afternoon tea which we are planning to hold at 2pm on Friday 25th November in the Centennial Hall, Maungaturoto. Once again we are going to be entertained by some of Maura Flower's singers. It is amazing the talent that is in this group and we are privileged to be able to enjoy their presentation each year. To help us with our catering, if you would like to come, please call Eileen 021 142 0357, or Stella 021 149 0877 by Friday 18th November.

As many of you know, we help look after the tracks in both Piroa Falls and Nikau Grove. The winter (and stray dogs) have caused some havoc in Nikau Grove and we are in the process of repairing the damage. Thank you Bruce for removing the two fallen trees. We now need to look at ways of replacing the metal on the track so that it doesn't run off. We are also placing netting on the boardwalk so that it is not so slippery. Can we please remind people that dogs need to be on a lead when walking through this area.

We were able to be present with a display at the Matakoho Kauri Museum's 60th Settlers' Day. This is always a fantastic day which commences with a church service at 9am in the pioneer church. Our display this year was of an Emergency Response Kit. We fundraise to cover the cost of a kit (\$600) and they are prepacked, ready for shipping to any areas where emergency supplies are needed, especially in the Pacific Islands. The box holds 60 items likely to be needed by a family in an emergency situation. Included are tarps, clothing, tools, cooking, eating and medical essentials. The 78litre container can be used to hold fresh water. This display created a reasonable amount of interest and we were also fortunate to meet a Rotarian from the Netherlands, who arrived at the Museum as part of a bus tour. Once again we became aware of Rotary being a worldwide organization.

We are interested in hearing from Rotary Alumni – those people in our community who may not necessarily be a member of a Rotary club but who have taken part in one of the many Rotary programmes over the years, including Rotary Youth Leadership Award (RYLA), Model United Nations Assembly (MUNA) or have been on a student exchange overseas. It would be great to get in touch with any of these people in the hope we can reconnect and at the very least hear their stories. If you know of anyone who fits this category, please tell a Rotarian about them or get in touch with me.

Eileen Parsons 021 142 0357
Maungaturoto & Districts Rotary Club

HOMEKILLS



WAYNE & ANNETTE

09 439 2020

Dry Aged Beef Specialists

No Retail

TOKA TOKA

Otamatea Repertory Theatre Inc proudly presents...

THE REVLON GIRL

by Neil Anthony Docking

28 & 29th October 7.30pm, 30th October 2pm
4 & 5th November 7.30pm, 6th November 2pm

Tickets: \$25 | Students, Seniors, Groups: \$22.50
Book at ort.org.nz

Contains adult themes | parental discretion advised



Kaipara District
creative
COMMUNITIES

"Entertaining Northland"
A successful theatre production requires special arrangements with Transport For NZ and New Zealand Play Boxes Ltd.



OCS November News

Our community lunch is still as popular as ever with many enjoying a tasty meal and the opportunity to catch up with friends and neighbours. There's nothing quite like a good chat with friends for a couple of hours now and again. For some its also a chance to meet new people, with more and more new residents in the Kaipara district.

Volunteers: Are you interested in volunteering on community lunch day? Or do you know someone who would be interested? We are looking for 2 - 3 people who could help from 11am to 1, once a month, helping the small team serving and clearing meals, dishes, packing the venue etc. Phone us on 431 9080 to enquire.

November Dates:

Wednesday 2nd - Community Lunch at the St John Hall, Hurndall street, Maungaturoto. 10am morning tea and 12 lunch.

Tuesday 8th - and Wednesday 23rd - Free shopping trip to Whangarei. Leaving 9am Maungaturoto Retirement Village, returning early to mid afternoon

Phone us on 431 9080 to enquire about any of the above.

Regards from all at OCS

It's A Dog Thing

Over labour weekend Poppy and I competed in the National Dog Obedience Assembly annual show and represented the Northern Region team in the "excellent" level Rally Obedience Class. We had a super weekend which included no traffic delays to or from Auckland.

I couldn't be happier with how amazing Poppy worked in such an electric and prestigious environment; dogs maybe known as 'mans best friend' they can definitely be a 'woman's soul mate'.

Our results as an individual competing against dogs from around New Zealand are a third and a fifth place in Excellent rally'O.

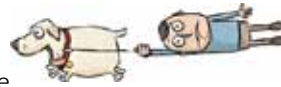
The Northern Region rally obedience team were second

to the Southern Region who bought their 'A game'

We had a wonderful time and made memories that will last forever.

Next month I will put some tips and tricks together on how to get through the summer holidays with your canine counterparts.

Ellisia Cleave



PETE THE BUILDER
your local friendly builder

Peter Clark
Ph: 0276 713 416
petethebuilderltd@gmail.com

582 Pahi Road, R D 1, Paparoa, 0571
A/hrs 09 431 6005



Northern Region rally team L-R Penny and Parker, Sylvester, Lissie and Poppy, Kate and Lilly.



Poppy and I in our team uniform with the Northern Region team mascot Sylvester the cat



Poppy with her 'favourite' squeaky ball as her reward for a career well done.

POTTING SHED PROVIDORE

GALLERY & GIFT SHOP
POTS, PLANTS, POTTERY,
PAINTINGS & JEWELLERY

2004
PAPAROA - VALLEY - ROAD

Paparoa Motor Camp
CABINS | TENTS | CARAVANS | MOTORHOMES
17 Pahi Rd, RD1, Paparoa, Northland. Ph: 09 431 6515 Email: paparoamotorcamp@xtra.co.nz

Set in a quiet rural area, within easy walking distance to picturesque village with shopping facilities, a general store & post office, service station, restaurant, friendly country pub, takeaways, café, gallery, bush walks. Only 6kms to the Matakohu Museum.

www.paparoamotorcamp.co.nz

MEMBER

Self Contained Cottages
Cabins with TV
Tent and Campervan sites

contact
09 431 6515
Cnr SH12 and Pahi Rd

Paparoa County Depot Trust Grants & Primary Industries Scholarship

Applications open November 1st and close 5pm November 30th 2022

The scholarship is open to students from Otamatea High School and Ruawai College intending to begin tertiary study in a Primary Industry Field.

Application forms are available from your school office or from stella.clyde@gmail.com

Grants are targeted for organisations within the old Otamatea County Council Area.

Painter & Decorator

Tradesman's quality work guaranteed



- Interior
- Exterior
- Spray finishes
- Roofs
- Waterblasting

For your free quote call Mike 021 529 025

Al's Upholstery

Alan Hilton



Automotive Furniture Covers Seats

over 30yrs experience

021 0709101

144 Franklin Rd, Paparooa

GROW WHAKATIPU Paparooa Inc

Grow Paparooa Inc, Whakatipu Paparooa held its AGM on 19th October 2022.

Once again records showed a very productive year for this small volunteer organisation, bringing much needed food to our local communities; many happy hours of fellowship whilst gardening, catering, enjoying workshops and participating in working bees. On average 25 to 30 hours per week are spent working in or around the gardens on Thursday, Friday and Sunday. This does not include administration work done from home by our Secretary, Treasurer and myself. Nor the hours spent cooking for fundraisers or baking for our volunteers. The gardens bring many locals and visitors to our premises, sharing knowledge, morning tea and a chat. Long may this continue, but it will only do so as long as we have

volunteers. Would YOU like to donate a couple of hours of your time per week?

- There can never be enough water in summer for a garden the size of ours.

In November 2021 a volunteer suggested the roof on the grandstand building behind our main shed to gather water for the gardens. After much discussion over the next few months between NKA, Sport and Rec and ourselves we now have, almost a year later, a new 25,000ltr tank that receives water from the large Sports Pavilion building. Grow Paparooa now publicly thank all of the donated labour and private machinery from NKA and Sport and Recreation. Our sincere thanks and gratitude to Hubands for supplying the digger needed, Graham Slatter of Kaipara Plumbing Ltd, The Depot Trust for their generous grant. And to PGG Wrightson for offering the tank at such a competitive price.

- Last November we had a large working bee with 25 people offering their time and expertise helped to bring the gardens up to speed for the summer. We finished the evening with fish and chips from The Ladies Mile, at a kindly discounted price.

It's now time for another working bee... if you are not already on our database send me a text so I can update you on this and all GP events.

- Twice Covid Lockdowns prevented our Community Dinner fundraiser from going ahead. Finally we had this on Saturday 1st October and was a great success, catering for 76 guests and helpers. Thank you to all those who helped prior and to those who supported us by coming to the dinner or leaving their funds in if the new date did not suit them.

- Regarding fundraising, our main and regular source of income is Aladdin's Cave (our weekly garage sale). Vivien and Ralph Paulger open up each Saturday unless the weather is too wet and/or windy. This is a huge commitment for both of them and their helpers. Grow Paparooa recently met with FENZ and NKA to progress the building of our new Aladdin's Cave.

Like cheese, good things take time, and there will be a grand opening when it finally happens. This new building and shelter for the goods on sale will enable Aladdin's to be open far more regularly.

- There have been a few weeks during the past year when we have not had food available to distribute to the food banks or it has been too wet to harvest. We note what we give away each week and are basically a small commercial production unit. Again, without those volunteers giving 2 or 3 hours on a Sunday we would be unable to do this much needed work.

To give readers some idea of what we have harvested in the 7 months from April... and sometimes the pickers and packers are too busy to remember, so there will likely be much more than this:

25 Beetroot, 1 bag broadbeans, 31 broccoli heads, 23 bunches broccoli sprouts, 43 red or green cabbages, 9 cauliflower, 84 bunches celery, bags of feijoas, bags of garlic, 43 bunches herbs, 47 bunches kale, 15 bags kumara, 4 bags lemons, 8 jars lemon honey, 113 lettuces, boxes mandarins, 32 Pak Choi, 4 pumpkins, 101 bunches rhubarb, 136 bunches silverbeet/spinach, 8 bunches tatsoi, 3 bags tomatoes, 1 bag ugli fruit. AND this is our off season!

- Our new treasurer has successfully raised funds through Rabo Bank to buy Passata machines to enable us to run a Passata Day once tomato season is upon us again. The date set down for this is 11th February 2023. This will be another opportunity to bring the community together in a positive and fun way to the gardens and Sports Pavilion.

- Katie who does a great job of our publicity has brought us into the 21st century and handles our facebook page and along with Laura these women each have young children which helps us to keep in touch with the younger people in our community and constantly bring new ideas to Grow Paparooa.

- As well as the Passata Day over summer, we hope to

Continued on p13...

Paparooa Store

Proudly Supporting Paparooa

OPEN 7 DAYS

Monday-Sunday 7am-7pm,



We stock a great selection of CONFECTIONERY, ORGANIC, DELI, MEAT, FRUIT, VEGES, FROZEN GOODS, BEER, WINE and a wide range of grocery items at excellent prices

EFTPOS NZ HERALD POST CENTRE

Phone / Fax **431-7320**

Cnr. Franklin Road and State Highway 12

Try Making Your Own...

All Purpose Spray Cleaner

One part white vinegar
 One part water
 Lemon rind
 Sprig of rosemary
 Combine in a jar. Leave for a week then strain and pour into a spray bottle.
 Great for cleaning in the kitchen or bathroom

Heavy-Duty Cleaning Paste

1\4 cup natural dish soap
 1\4 cup baking soda
 5 drops essential oil
 A few drops of water
 Mix together in a bowl.
 To use, apply to the surface using the rough side of a double-sided sponge, then wipe off with the wet soft side.

Wood Polishing Spray

3\4 cup olive oil
 1\4 cup white vinegar
 30 drops of your favourite essential oil.
 Combine in a spray bottle and shake vigorously.
 Spray directly on wood furniture (doing a small test patch first) and buff off with a soft dry cloth.

PP



REX BROWNE CONTRACTING

- Limestone & Metal Cartage
- Truck & Digger Hire
- Farm Roads
- Earthwork & Dams
- House Sites & driveways
- Wrapped Silage & Hay
- Cultivation
- Fencing & Mulching

Maize Silage planting & harvesting

☎ 09 431 7556
 ☎ 021 720 590

Giant Pumpkin Competition

Grow Paparoa has 6 plants to give away. Ph Jan on 021 431 724 for registration and collection of your pumpkin.

Continued from p12...

run a workshop teaching Vegan Cooking, plus another workshop proposal is Water Wise Growing, incorporating Wicking Pots and Beds.

When Rose and Brian Plunkett left the district after many years of community service, we were left wondering who would take Rose's place as a foodbank and distribution centre. Fortunately we found Taira Phillips, an energetic and passionate young woman involved with the Otamatea High School, who along with a local policeman runs a foodbank distributing to those in need who have children attending OHS.

We still sometimes supply the Pataka Kai at Tinopai as well as the local one at Paparoa Primary School - particularly during summer school holidays when Otamatea Community Services close down for a few weeks and we have a lot of summer produce. At this time food is donated to

the Maungaturoto Rest Home as well.

I sincerely think any organisation runs best if both older and younger people are involved. We need both men and women. New ideas are always needed and appreciated. We all have differing skills that makes everyone involved in Grow Paparoa Inc a valuable volunteer. Please consider our organisation as one you might like to join - there are many things you could do, even sitting/standing holding a hose frees up those who are able do the bending and digging, for example.

Our recently nominated committees is: Jan Dallas (Chair), Sue Skelton (Secretary), Laura Kately-Cullen (Treasurer), Robert Elder, Sue Pearce, Kim Brewer, Katie Fullerton, Bev Symonds, Jenny MacKinnon, Jacob Lord.

Jan Dallas
 Chair
 021 431 724

LIFESTYLE AUTOS

Roger Price



Full Mechanical Services

Warrants of Fitness

Paparoa Valley Road - next door to g.a.s.
 Phone 431 6620



Artisan Market Paparoa

Fourth Sunday Monthly
SUNDAY NOVEMBER 27th
 11.30 - 3.30pm
Paparoa Memorial Hall
 Locally produced Arts, Crafts & Food
 Off Street Parking
 Ramp Access
 artisanmarket.paparoa@gmail.com



What's Hot

A slight improvement in the weather that may enable road repairs...

What's Not



Potholes. Potholes, and yet more potholes...
 Did I mention the potholes?

ADAM STEVENS

BUILDER

Licensed
Building Practitioner

For new builds,
alterations and roofing

021 741 363 A/H 09 431 6245



NORTH SPARK

HEAT PUMPS
SERVICING
ELECTRICAL

022 021 7139
northsparknz@gmail.com

PHEASANT LODGE



Bed and Breakfast

We are delighted to announce that
we are open for business.

3 Franklin Road, Paparoa

Tony 021 6712 11
enquiries@pheasantlodge.co.nz
www.pheasantlodge.co.nz

**SET IN A UNIQUE
1886 HERITAGE NZ VILLA**

PULLED BBQ JACKFRUIT

I recently attended a significant birthday party (my own) and offered this for the vegans and vegetarians.

In typical fashion, the carnivores there present thought it was pretty darned tasty, refused to believe it wasn't pork, and scoffed the whole potful.

2 tins jackfruit, drained
1 tblsp oil
1 med onion
2 cloves garlic
1/2 tsp cinnamon
1/2 tsp cumin
1 tsp smoked paprika
1 c tomato puree or passata
1/2 c water
Hot sauce to taste
Salt



Heat oil and gently cook onion until translucent. Add jackfruit, garlic and spices and stir until it starts to stick. Stir in water and tomato puree and simmer gently for 20 minutes. Allow to cool then shred the jackfruit using 2 forks. Return to the heat and add hot sauce and salt to taste. Cook at a higher heat for at least 10 minutes until the sauce thickens. You can alternatively place it in a slow cooker for 6 hours, or until thickened.

Serve in rolls, on rice, in nachos - anywhere you would use the meaty equivalent.

Margie

THE HERBALIST

Cacao Theobroma cacao



Most people consume chocolate because it tastes good, but good quality cacao products that are low in sugar have powerful positive effects on cardiovascular function, athletic endurance and cognitive function.

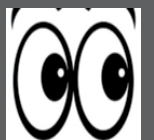
The Cacao bean is high in polyphenols, which are micronutrients with antioxidant properties. These work by improving mood, lowering blood pressure, increasing insulin sensitivity, supporting healthy cholesterol levels, supporting brain health and decreasing inflammation.



One of the best ways to consume chocolate is in 70%, or higher, cacao dark chocolate. Enjoy!

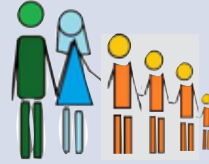
Vicky

**BE SEEN...
LIGHTS ON**
In fog or rain



From our family to yours

Life and Children



Recently I ran into a lovely lady I know at the shops, as we do, but she murmured at me - I thought you were peaceful now... well - it was the last week of the school holidays, shopping with 3 boys in tow, each going opposite directions, filling my trolley with a hundred processed items not on the list, and I was wearing a frazzled face in a moment many mums would agree is less than peace filled... After all, I am a human. Frazzled feelings come and go, they aren't 'me', they are moments of life bombarding us and as she murmured those words - the peace was still there. It was just under a layer of life.

I reflected upon parenting late October just passed, as the little one turned 4. (Not sure where those 4 years went...) He is turning into quite a little character, he loves to play the drums, daily and loudly, please imagine this for yourselves if you are somewhere quiet... It was a bittersweet moment, as he wasn't going to be the littlest, till we lost the next baby mid 2021, at 13 weeks.

Plans are out of our hands. All the best laid intentions and decisions can fall away in a heartbeat, as life is out of our control. So much anxiety is built around trying to hold life in a state of control, as if we possibly can, but we can't. Some days are long and weary. Some breeze by like a leaf in a storm. I don't mean this as a negative hopeless reflection. Its not. That's the human layer of explanation we put upon events. Things just happen out of our control.

Do we need to understand every 'why'? It sits us in a place of always staring in the rearview mirror. But the car, as it were, is in drive; forward motion. For me, I am no longer pretending to be in the drivers seat. The Power in the drivers seat knows where my car is going, and I am okay in full surrender to sit as a passenger, in the mystery of the journey; in trust - not in control.

And to enjoy the challenge of just loving my kids in all situations. If its drumming at dawn, screaming in the Four Square or finally asleep like angels - love your children, grandchildren, or any children around you, while they are there to love. What a precious gift a child is.

Jenny

Keith the TV Guy

Freeview digital TV



20 TV and 9 Radio/Music channels are currently being transmitted.

Satellite dishes, decoders, cable etc., supplied and installed.

09 431 7143
or 021 239 4251

PLUMBER

Kaiwaka to Ruawai

- 30 years' experience
- All plumbing services including new housing and maintenance



ANDREW KENNY
ph 027 642 8320

Pets in the Valley



The first Maremma sheep dogs I met belonged to Doctor Lynne Mitchell. As Lynne passed away recently I thought I'd mention this interesting breed. Think of a large pale Labrador that has gone fluffy and that is what a Maremma looks like. They are large dogs that come from Italy where they have been protectors of sheep flocks for centuries. They were protecting them against predators, such as wolves, so they had to be big and strong animals. Their coats are very thick - I guess Italian winters could be cold - and apparently they were shorn at the same time the sheep were. They are very independent minded and not the easiest to work with. As Lynne was quite tiny they could tow her along when they decided it was time to go! I diagnosed my first case of discoid lupus on one of her dogs and of course Lynne knew more about the drugs used to treat it than I did. Thank you Lynne for the interesting conversations - you will be missed.

Janine



work with. As Lynne was quite tiny they could tow her along when they decided it was time to go! I diagnosed my first case of discoid lupus on one of her dogs and of course Lynne knew more about the drugs used to treat it than I did. Thank you Lynne for the interesting conversations - you will be missed.

work with. As Lynne was quite tiny they could tow her along when they decided it was time to go! I diagnosed my first case of discoid lupus on one of her dogs and of course Lynne knew more about the drugs used to treat it than I did. Thank you Lynne for the interesting conversations - you will be missed.

PAPAROA PRESS NEEDS YOU!

Things happen in our little village (and surrounds) but we often don't hear about them until months later...

If you have a story, event, obituary, or news item you think the community should, or would like to hear - then please, please, send it to us.

If you would like to make a regular contribution we'd love to hear from you.

We can't be everywhere and know that there are many goings-on that simply pass us by.

Email press@paparoa.org.nz by the 20th of the month.



KAIPARA LANDSCAPE

2 Blakey Road
Maungaturoto



**Landscape and Garden supplies,
garden ornaments, firewood,
digger hire, pots**

0800 769 843

Award winning
extra virgin olive oil



Grown on the edge of the Kaipara.
Winner of two golds, one silver and best
in class at the 2016 Oliveti Awards.

Order from our website
www.chapeloliveoil.co.nz

or visit our olive grove at
46b Merrill Road Paparoa
Ph 09 431 7572

Science Corner

Whale Songs

Scientists, having the interesting task of studying whales, have found that in recent years blue whale songs have been shifting down in pitch and getting lower and they wondered why?

Firstly though - why do whales sing?

Two of these reasons- to communicate with other whales and to catch their next meal.

Toothed whales use sound (echolocation) to catch their prey. Sending out high frequency clicks and listening to the echo as they bounce back, hopefully from their next dinner.

Baleen whales use low frequency sound to communicate, sometimes over long distances, using their larynx or what land animals call their voice box.

Sound travels as vibrations through matter and because water is denser than air it travels 4 times faster. The whale's biosensor is far more sensitive and subtle than the human sonar devices.

Blue whales are the world's largest animal. They call to each other in a rather tectonic rumble sound. These rumbles have dropped 3 white keys on the piano ever since the 1960s amongst the Antarctic whales. This has also occurred amongst the fin whales.

So, being scientists, they thought up a few theories as to why this could be happening.

1. Increased noise from shipping vessels interrupting the whale communication. But this theory has been dropped as whales living well away from shipping zones have also lowered their voice pitch.

2. Maybe because most of the whale populations are now increasing to larger populations after the near extinction caused by indiscriminate whale killing. Out of an estimated 239,000 whales in the southern ocean at the start of the 20th century only 360 were left by 1970. It is thought that the louder the whale song the higher pitched it is- so maybe now there are more whales around they don't have to "yell" to find a mate?

3. A more ominous reason proposed is that the drop in pitch is due to the fact that sound waves travel farther in oceans made acidic by the absorption of carbon dioxide from the atmosphere. So, no need to shout if fellow whales can hear you more easily.

Some Conclusions -

1. Ocean noise is complex and difficult to correlate so not thought to be a major reason.

2. Hopefully the song pitch will stabilise as the whale populations recover and they can find their mates without having to send messages over such long distances.

3. No conclusive evidence that the warming and increasing acidity of the ocean is the cause of this yet.

Hopefully its good news!

Note - Japan's government subsidises whale hunting of minke, sei and Bryde whales (as well as killing dolphins) - killing over 300 per year while Norway kills over 1000 minke whales each year.

Stella



LATTO

BUILDERS

021 7727 66

House Construction, Alterations
Renovations or General Repairs

4 Hook Rd
Paparoa
Northland
phone
0274180676

Paparoa Community Church

Connecting with God
Creating Community
Communicating the Gospel

Church Service at 10 30am and 7 pm
each Sunday
Everyone Welcome



The Paparoa Press is also
available online at
paparoa.org.nz

November Gardening Notes

This month is a nice time of year to be working in the garden. The earlier sowing/planting of veges and flowers are relishing the longer daylight/sunshine hours, warmer soil temperatures and still a little moisture. Successive sowing/planting veges every 4-6 weeks will ensure a continual supply of fresh crops throughout the summer into autumn.

Strawberries planted back in July are flowering and starting to produce the first fruit. Earlier, by picking off the first flowers these plants are now reaping rewards in showing better and stronger growth thereby producing more berries in the long run. Apply, and water in well, a fertiliser high in potash before putting down a layer of pea straw mulch to protect the plants from the elements and keeps dirt off the berries. Removal of the runners with offshoots helps minimise stress producing even more berries.

Feed citrus trees with citrus fertiliser.

Tomatoes will now require staking, removal of small side shoots between the main stem and leaf, regular deep watering, and feeding with a tomato mix manure. Apply a fortnightly copper spray to help guard against blight and fungal diseases. This, mixed with a liquid plant food, encourages good healthy plants and tomato production.



Now is a good time to think about companion planting in the garden to help deter pests and diseases together with attracting beneficial insects eg, bees, beetles, lacewings, dragonflies, hoverflies and braconid wasps as these will feed on garden pests. Plants include:

BASIL AND MARIGOLDS - Planted amongst tomato plants, these act as a natural insect repellent helping to ward off whitefly. Basil also improves the tomato flavour. Marigold also helps repel nematodes in the soil by planting in a block in infested area then, at flowering, chop and turn under the entire crop.

CALENDULA - Helps repel pests eg aphids, brassica eating caterpillars, and army worm, while attracting a lot of beneficial insects eg, ladybirds and lacewings to help reduce damage from aphids. They lay their eggs on your crops which hatch into larvae with each gobbling up to 150 aphids a day.

NETTLES - Attract cabbage white butterflies thus keeping them away from brassicas.

NASTURTIUM - Attracts bees, luring the butterflies that lay brassica eating caterpillars away from valuable crops eg, kale, broccoli, cauliflower, cabbage, radish, cucumber and lures aphids from beans. Their leaves, flowers and spicy seedpods are edible.

PYRETHRUM - The yellow-centred flowers contain pyrethrums which act directly on the nervous system of insects like aphids and mites. They stop and warn the spread of sap sucking insects away from your garden. It kills thrips that ingest pyrethrum from the plants as well as attracting predators eg, ladybirds.

ALLIUMS - Strong smelling veges eg, leeks, onions, garlic planted near carrots masks their sweet carrot smell confusing the carrot fly and reducing slug damage.

BORAGE - Nectar producing, grown in orchards and around strawberry beds to attract honeybees.

ALYSSUM - A hardy ground hugging annual. Its flower attracts hoverflies, and is ideal for slotting in amongst aphid-vulnerable crops eg lettuce as well as planted along garden edges.

JR



PAPAROA FARMERS MARKET

EVERY SATURDAY
THE VILLAGE GREEN 9-12

Market Manager
Graham 09 4317 209 or 0274 75 4490
grnt@xtra.co.nz

KAIPARA PLUMBING LTD



**DRAINAGE
YOUR LOCAL
PLUMBING
SPECIALISTS**

**ALL
GENERAL
PLUMBING
AND
MAINTENANCE**



Master
Plumbers
Representing Excellence

PH GRAHAM
027 244 5430



Best Pets
KAIWAKA

022 574 7332

Raw Food & Pet Supplies

OUT & ABOUT AROUND TOWN

Paparoa's Farmers' market happens every Saturday morning, 9am - 12 at the Village Green. Fresh fruit & veges, sweet treats, plants, olive oil, fish, preserves, live music and so much more. A great place to catch up with friends or make new ones.

Flax Weaving At Shop & Brew on Sundays. Bring some flax and learn under Naadi's tuition. Feel free to come in and try it out.

Artisan Market Fourth Sunday Every month. Paparoa Memorial Hall 11.30 - 3.30. Next market Sept 25. Email artisanmarket.paparoa@gmail.com or ph Steph 027 452 7124 or Ruth 021 433 969.

Grow Whakatipu Paparoa Drop in for a chat, hands on experience, or a cuppa. Every Thursday & Friday 10am- 1pm.



Bereavements

Condolences to the families of Colin Bayer (aka Aspro) and Craig McPherson, both of Te Pahi River Drive, who passed away recently.

Paparoa Selwyn Centre

Long time Paparoa resident, Dorothy Quaife, recently celebrated her birthday at Selwyn Centre with a special cake and a sociable morning tea with the other guests.



Photo courtesy Joy Bonham

FARMWORK SERVICES

For all types of fencing, stockyards, handyman work, tree felling, tractor work etc.



phone

Mike 09 431 6509
027 203 2694

email

farmwork.services@gmail.com

12 tonne digger now available
for driveways, farm tracks, hole boring etc



Diabetes Awareness Day

Paparoa Lions is sponsoring a Free Evening All are Welcome
Sports and Rec Hall Paparoa
7pm 14th November

- What is Diabetes
- Types of Diabetes
- Testing for Diabetes
- Ways to reduce risk of type 2 Diabetes
- Best foods for Diabetes
- Weight Management

Dr. Lynn Mitchell

We also mourn the passing of Dr. Lynn Mitchell, on September 25th, at Tinopai.

She was a doctor at Paparoa for many years and was well respected for her diagnostic abilities and her dedication to her patients.

Condolences to Lynn's family and friends. RIP

Victorious Victoria Sponges

After much deliberation and repeat tasting (one has to be sure) the results of the Victoria Sponge Competition at the recent Kauri Museum celebrations are as follows:

First: Sharyn Philips. The judges said the cake had a wonderful lightness and exceptional flavour.

Second: Kay Wilson

Third: Loraine Rowlands (This cake was also gluten free so we may need the recipe for the next press please Loraine!)

Congratulations ladies!

Where do we sign up to be judges for next year?

WHAT'S ON - NOVEMBER 2022

The Kauri Museum open 7 days, 9am-5pm
Otamatea Quilters Annual Exhibition - until 20 November
 See the ad on p4 for ongoing exhibitions
Tennis Open Day & AGM- Sat 5 Nov from 3pm. See p2 for more details.
Lions Diabetes Awareness - Mon Nov 14, 7pm, Sports Pavillion. See p3 & p18.
Community Dinner - Sat Nov 19. Bookings essential. See p4 for details.
Paparoa Artisan Market - Sun Nov 27, 11.30 - 3.30pm, at the Paparoa Hall
Paparoa Connections Workshop - Sun Nov 27, 3-5pm, at the Sports Pavillion.
 See p4 for details.

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

Anglican Church St Marks 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa
Ararua Church 10.30am every Sunday. All welcome Ph 431 6622
Art Studio, Ruawai Wed 10-12noon ph Frances 439 2554
Badminton Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163
Exercise to Music Tue 10.30am Paparoa Hall \$5 Ph Janice 021 0282 0969
Farmers' Market Every Saturday 9-Noon, Village Green, Graham 027 475 4490
Grey Power Last Wed in month, 1pm, Anglican Church Hall, Maungaturoto
Grow Paparoa Thur/Fri/Sun 10am to 2pm at the Community Gardens
Holy Trinity Anglican Church, Maungaturoto, 1st & 3rd Sundays, 10am;
 2nd & 4th Sundays, 4pm. All welcome
Kaipara Marching Team Weds 4-5.30pm, M/gto, Ph Lyn Hutchings 022 070 8674
Line Dancing Thurs 10am-noon Paparoa Hall Ph Jackie Cornes 027 368 7298
Mainly Music Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520
Matakohe Garden Circle 1st Weds each month, 1pm, J Mackinnon 431 6689.
Maungaturoto Opportunity Shop Open Mon 10-1pm Wed 10-3pm Fri 10-3pm
Maungaturoto and Districts Rotary Club Maungaturoto Centennial Hall,
 Tuesday evenings 6pm, Ph Stella 021 149 0877
Otamatea Quilters 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262
Outdoor Bowls Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884
Pahi Hall available for hire Ph Tina 0210335128
Paparoa Community Church Sundays 10.30am, 4 Hook Road, 431 6795 or Dave
 Porteous 0274 180 676
Paparoa Garden Circle 2nd Wed of month. Contact Raylee Over 431 6880
Paparoa Hall Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290
Paparoa Library Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12.
 Manager Jas Futter 022 678 1474. Returns Box at Skeltons
Paparoa Lions Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavillion
Paparoa Playcentre Tuesday and Thursday 10am-1pm Visitors Welcome
 Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz
Paparoa Primary School Term 2 May 3 - July 9, Term 3 July 26 - Oct 1. 4317379
Paparoa Toy Library Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330
Paparoa Volunteer Rural Fire Force (VRFF) 1st and 3rd Monday of the month
 6.30pm Depot Rd ph Ken Ogilvie 021 129 4042
Plunket Ready Steady Wiggle Mon 10am Sports Pav. Tina Ball 021 033 5128
Selwyn Centre Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224
Sports Pavilion Functions Venue Bookings ph Jane Bailey 431 6148
St Mary's Catholic Church Maungaturoto 10am Wed, 4pm Saturday
Table Tennis Tues 7.30pm, Sports Pavilion \$2 Pete 021 056 7163
Tennis No play for winter. For info ph Sue 431 6224, or Pete 021 056 7163
Yoga For Everyone Monday 6-7pm Maungaturoto Hall, Tuesday and Friday
 mornings 9.30am Paparoa Sports Pavillion. Ph 027 294 4855

PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz

Flowers Flowers Flowers

Saturday mornings in the village by the bridge

8.30 until 1pm

Call Raylee 0212565893



Storage Available

In Paparoa: Secure 20 foot Containers - contact Gary Dallas 021 431 712. Paparoa County Depot Trust

Carpentry

Clint Built - Carpentry Interior, Exterior, Maintenance & Small Jobs 022 177 3642

Buy Local
Support Local
 Help your community thrive and businesses survive

LOCAL TIDES for November 2022

TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	10.51	17.31	17th	11.53	18.39
2nd	12.06	18.51	18th	13.02	7.07
3rd	13.24	7.32	19th	14.05	8.09
4th	14.34	8.43	20th	14.58	9.03
5th	15.31	9.42	21st	15.44	9.51
6th	16.19	10.31	22nd	16.27	10.34
7th	17.02	11.13	23rd	17.10	11.17
8th	17.41	11.52	24th	17.55	12.00
9th	18.19	12.28	25th	6.17	12.44
10th	18.56	13.03	26th	7.04	13.30
11th	7.13	13.37	27th	7.52	14.19
12th	7.48	14.12	28th	8.43	15.13
13th	8.25	14.51	29th	9.38	16.12
14th	9.05	15.34	30th	10.39	17.18
15th	9.51	16.28			
16th	10.47	17.31			

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576
 Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222
 For urgent after hours medical service (Wellsford)..... 09 423 8086

DISTRICT NURSE Dargaville Hospital 09 439 3330
 Healthline - 24 hour service..... 0800 611 116

HOSPICE KAIPARA Dargaville Hospital 09 439 3330

KAIPARA DISTRICT COUNCIL Helpline 0800 727 059
 Mangawhai Office..... 0800 100 388

KAIPARA PHYSIOTHERAPY Lyndsay Bargh/Lynne Rhodes...09 4391656

LINKING HANDS Health Shuttle Service, Maungaturoto.09 431 8969

LIONS CLUB PAPAROA President Jim Rowlands..... 09 431 7290

MAUNGATUROTO PHARMACY 09 431 8045

MAUNGATUROTO REST HOME 09 431 8696

OTAMATEA COMMUNITY SERVICES Community House 09 431 9080

PAPAROA LIBRARY Free Membership. ContactJas 022 678 1474
 Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12

PAPAROA PLAYCENTRE paparoa@playcentre.org.nz

PAPAROA PLUNKET .Plunket Nurse Louise 027 2823987 or 09 438 2508

PLUNKET Helpline 0800 933 922

PAPAROA PRIMARY SCHOOL 09 431 7379

PROGRESSIVE PAPAROA INC (PPI)Graham Taylor.... 027 475 4490

PARENT PORT Inc. free help for families Linda 09 425 9357

More photos from the Kauri Museum 60th Birthday Open Day

Clockwise from right:

Flax weaver Geraldine Jenkins; Cameron Philips demonstrating his woodworking skills; A fine collection of vintage sewing machines; Classic and vintage cars at Gumdiggers Cafe; Crispin Caldicott and Anna Curnow cutting into a competition sponge .



5 Questions for Linda Allan

How long have you lived in the area? I grew up in Otago and have been gradually working my way north since I graduated from University. I was a nomad for several years, living out of my campervan and acquired my lovely paddock in Matakoho around six years ago.

What brought you here?

"Had a dream about buying some land". After a long career in social policy and big business, doing hard maths, management and governance, I was approaching retirement. I checked out a lot of promising blocks until I finally found the right place and still can't quite believe my luck.

What do you do here? Mostly plant things- converting paddocks into richly biodiverse habitat. I arrived with a van full of bare rooted trees and got started. I love learning things and that early trial and error planting taught me so much (sorry peaches). I also love to sew, mainly quilts and clothes, messing about with vintage machinery, mainly sewing machines, and helping out in the local community

What do you like about the area? I adore the feeling of just being in this environment where the land meets the sea. The welcoming, supportive and inclusive community I stumbled into nurtures me every day. Ohh noo here comes an organised and competent woman, hide your volunteering opportunities- said noone ever.

What things would you like to see happen here? Creative hub, constructive community communication, community resilience.



What is your property worth?

Contact us for your no obligation, free sales appraisal.

roperandjones.co.nz

09 431 1016
143 Hurredal Street
Maungaturoto 0520

09 439 7295
110 Victoria Street
Dargaville 0340



firstnational REAL ESTATE | Roper & Jones
Licensed under REAA 2008

Covering the Kaipara

